

Summer leisure in Djúpivogur 2021

This summer a course will be offered for children born 2012 - 2014 (who were finishing 1st-3rd grade) in Djúpivogur. The course will be over a 3-week period starting on Monday 14 June and ending on Friday 2 July and will be held every working day at 09:00- 12:30

Emphasis will be placed on creativity, independent play, team building, self-esteem, connection to nature, skills, education, and animation. In addition, great emphasis will be placed on respectful communication, empowering tasks, and well-being with ease in mind.

Participants come to Neisti every morning and from there they go on all kinds of adventures. The aim is to be outside as much as possible. It is important that participants are always dressed according to weather, with extra clothes and some snacks.

Includes: fruit time, lunch on Fridays, education, a variety of activities, opportunities and materials for creativity and project folders:

- Games, movement, and sound: Various games, movement, stretches, meditations, singing, improvisation and more.
- Assignments and puzzles - self-empowerment: A variety of written, oral, and performed tasks and puzzles that promote self-knowledge and self-confidence.
- Flow and animation - team building: Tasks and puzzles done in groups, test the strengths of everyone within the group and the whole group.
- Creativity and crafts: All kinds of creation and flow of ideas: crafts, drawings, painting, knots, slime, mud, natural art, construction, and all kinds.
- Vikings and wild children: Great emphasis will be placed on nature connection in wild nature with a Viking theme. Participants get to live and play like Vikings with natural materials.
- Hiking: At least once a week you go on a long trip. During the trips, Djúpivogur, nature, history and more will be explored in a varied and fun way. Other days there will be shorter trips.
- Outdoor cooking: Participants cook outside every Friday and then eat what is cooked. Last Friday, parents are invited to dinner between 12-13.
- Synchronization, connection, and farewell: Each day begins with a review of the day and the participants saying what they want to get out of the day. At the end of the day, it is important to catch your breath, go through the day, express yourself and say goodbye.

The price for each individual week is ISK 8,000 and 3 weeks together at ISK 20,000.

The last day for registration is June 10th 2021.

Skráning er í gegnum Mínar síður á heimasíðu Múlapingis, undir flípanum „Tómstundir.“

The supervisor is Ágústa Margrét Arnardóttir.

Registration is through Mínar síður on the Múlaping website, under the tab "Tómstundir."

Further information at agusta.arnardottir@mulathing.is.